International course on Rehabilitation and Prevention of Disability (RPOD) and course in Community Based Rehabilitation (CBR)

For many years now a much needed and very successful international course on Rehabilitation and Prevention of Disabilities (RPOD) has been conducted in Pokhara, Nepal. The international faculty is very experienced in clinical leprosy and the rehabilitation of persons affected by leprosy.

**RPOD MANAGEMENT**

The RPOD Management course will aim at teaching concepts in rehabilitation and POD, approaches to rehabilitation, rehabilitation and POD management, specifically as it relates to leprosy affected persons. The course will include sessions about monitoring and evaluation of activities in these areas. The course will be based on the concepts and terminology used in the International Classification of Functioning, Disability and Health (ICF) published by WHO.

For a limited number of participants, an opportunity will be offered for additional in-service training during the week(s) following the management course. The participants will be assigned on a one-to-one basis to a tutor who will guide them through a self-learning programme.

Available topics include institutional rehabilitation, CBR, expanding the services of a leprosy hospital to serve people with other rehabilitation needs, agricultural rehabilitation, statistics and information systems, footwear, prosthesis and orthoses, physiotherapy and occupational therapy. These placements will be available strictly by arrangement prior to the course only.

For those with limited knowledge about leprosy it is recommended that they attend a one-week in-service training as an introduction to leprosy and leprosy related disability.

**CBR COURSE**

Increasingly, rehabilitation and prevention of disability takes place in the community with the active involvement and participation of the community. Appropriate technology is advocated, self-help groups are formed, microfinance business training is started etc. Everything is geared towards the empowerment of people with disability and the communities in which they live. The main facilitator for the course will be Huib Cornielje, an expert in the field of CBR (www.enablement.nl) The Partnership for Rehabilitation Program, the community outreach/ rehabilitation program of the International Nepal Fellowship, will also co-facilitate this course.

The main objective of the course is that participants will have a working knowledge of all the important aspects related to CBR. Besides plenary theoretical sessions there will be a variety of practical (skill) sessions and a field trip.
For those interested in both courses, in-service training if desired can also be arranged following the CBR course.

**Dates:**
- RPOD course: March 6–17, 2006 (2 weeks) (+ optional week(s) if pre-arranged).
- CBR course: March 20–31, 2006 (2 weeks) (+ in-service, if pre-arranged).

**Target group:** Managers of community based rehabilitation and/or POD programmes, senior leprosy control staff and doctors and therapists with managerial responsibilities for RPOD/CBR activities.

**Venue:** The BIKASH Training Centre, Green Pastures Complex, Pokhara, Nepal.

**Course fees** (including board and lodging): $350 per week.

Detailed information can be obtained from: The Programme Co-ordinator, BIKASH Training Centre, Green Pastures Complex, PO Box 28, Pokhara 33701 Nepal.

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